



# 5 FACTS

## Hispanic Heritage Month (Mes Nacional de la Herencia Hispana)

**1** **Hispanic Heritage Month begins Sept. 15 to coincide with several independence anniversaries.** Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua all celebrate their independence on this date. Mexico and Chile celebrate on Sept. 16 and 18, respectively.

*"The Latina in me is an ember that blazes forever."*

Sonia Sotomayor,  
U.S. Supreme  
Court justice

**2** **Latin American and Latino history dates back to indigenous peoples.** Long before Europeans arrived in the region, the Aztec, Maya and Inca civilizations flourished in Central and South America.

**3** **Hispanic Americans have been a significant force in the arts, sports, science, politics, civil rights and much more.** Actress Rita Moreno, MLB player Roberto Clemente, astronaut Ellen Ochoa, Supreme Court justice Sonia Sotomayor and activists Cesar Chavez, Dolores Huerta and Sylvia Rivera are just a few of many history-makers.



**4** **The U.S. Hispanic or Latino population grew to 62.1 million in 2020.** Census Bureau data estimates Hispanics will become the largest population group in Texas this year.



*"You are not lucky to be here. The world needs your perspective. They are lucky to have you."*

Antonio Tijerino, Hispanic  
Heritage Foundation  
President & CEO

**5** **Though often used interchangeably, the terms "Hispanic," "Latino" and "Latinx" can have different connotations and are not universally embraced.** To some, Hispanics are from Spanish-speaking countries and Latinos are people from Latin America regardless of language. Latinx is a newer term intended to be gender-neutral.

Texas Children's is building an inclusive culture where each of us can feel we are valued, belong and encouraged to be our most authentic selves. To learn more about our commitment, visit the Diversity, Equity and Inclusion [website](#).